

# School meals for all improves academics, empowers students and families, and puts kids first.



**1 in 6 children in North Carolina goes hungry on a daily basis.**

**Data show that offering no-cost school meals to all students reduces hunger and improves academic performance, attendance, and behavior.**



Students who eat breakfast closer to the start of the school day perform better across the board academically, including on standardized tests.



Schools that offer no-cost breakfast and lunch are more likely to have high performance grades and to meet growth targets.



Eating breakfast at school is associated with better attendance rates and fewer missed school days.

**No child should be bound by a lack of economic prosperity and expanding the opportunity for more students to have access to breakfast and lunch at no cost puts kids first. The current system isn't working and many students are being held back by hunger.**

**And, 81% of NC registered voters support providing no-cost school meals to all students. Dollar for dollar school meals for all is one of the best investments we can make in student success.**

[schoolmealsforallnc.org](https://schoolmealsforallnc.org)